



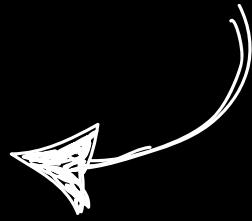
DANICA SUE PATRICK

Chiara Cassinerio & Giorgia Bulgari



Biography

She was born on May 25th 1982

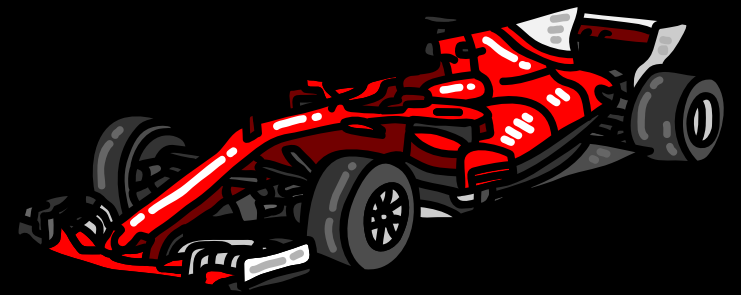


She started racing go karts at a young age and quickly moved up through some racing series, which helped her to become a talented driver



At 10 years old she won some matches.

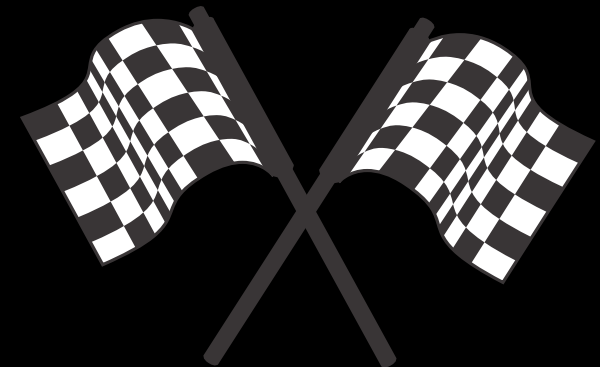
At 16 years old she moved for three years to England.



Formula Ford Festival



The Formula Ford Festival is an iconic event in the UK, held annually at Brands Hatch since 1972, and it is often used for young drivers trying to make their way into higher levels of motorsport.



Indy Light

Danica Patrick's career in Indy Light was a crucial part of her transition into higher levels of racing.

Indy Car

In 2008 she was the first woman to win a Indy Car race



Nascar

Danica Patrick made her NASCAR debut in 2010,

- 2012: Patrick made her full-time debut in the NASCAR driving for GoDaddy and finished 10th.

- 2013: Danica Patrick was the first woman to win a pole position for the Daytona 500.

- 2016: She had her best career season in terms of consistency, finishing 24th.

In 2018, Patrick announced she would retire from full-time NASCAR racing after the Daytona 500.



Sky sport F1 program

In 2023 she participated in a Sky Sport F1 program in the United Kingdom, she debated about the representation of women in motorsport.

The conversation was particularly focused on her journey in motorsports, the challenges she faced.

Danica was criticized also by some women because she expressed her thoughts saying this type of sport is mainly for men.



sky sport



Pretty intense the book

Danica published her book in 2017 where she talks about her approach to health, fitness, and wellness.

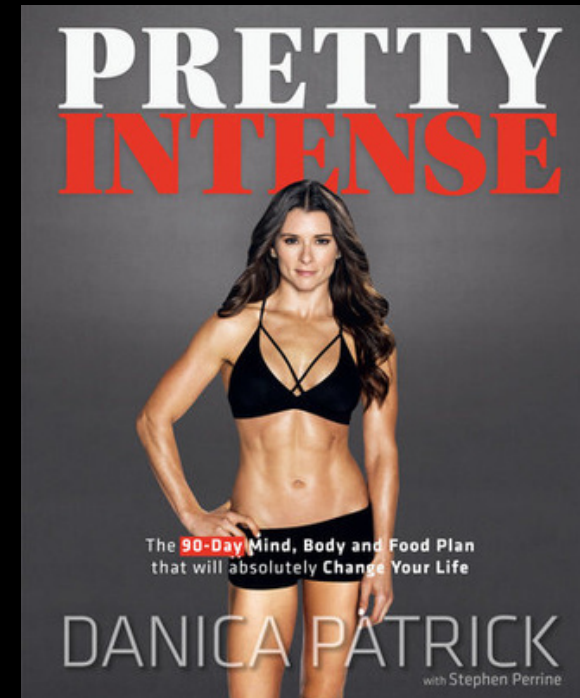
The book provides a 90-day program that focuses on clean eating, intense workouts for men and women.

Patrick also shares her own experiences and the lessons she's learned through her career in motorsports.

Diet

Fitness

Mentality



Pretty intense

Danica also launched a podcast called “Pretty Intense” in 2020, through her podcast, she explores topics related to physical and mental well-being, personal growth, and self-improvement.

Danica brings her personality to each episode, offering a burst of motivation.

She has a high level of audience especially on Spotify and on Apple Podcast.

<https://open.spotify.com/show/72Q3tZUsXjBGGfPdeDEBdm?si=77d16e00a6dd4357>



What did she do for woman

She broke down numerous barriers for women in the traditionally male-dominated world of motorsports, inspiring the way for future female drivers

- Visibility and Representation:

- Mentorship and Inspiration:

- Business and Empowerment

- Advocacy and Equal Opportunities

- Breaking Stereotypes

Fun facts

1. She won the 2008 Kids Choice Award for favorite female athlete
2. She got married in 2005 with Paul Hopenhthal, but divorced in 2012
3. She is the first Woman to Lead the Indy 500
4. She's also a social media influencer and a model

